

Parks and Recreation Department/ Reeves Community Center Policies and Procedures

City of Mount Airy Parks & Recreation/Reeves Community Center is a public, non-profit facility located in beautiful Mount Airy, North Carolina. This facility has served the health and wellness needs of the residents of Mount Airy, Surry County and the surrounding areas since 1951. City of Mount Airy Parks & Recreation/ Reeves Community Center is dedicated to providing the community with a comfortable and professional environment in which to meet their fitness and recreational needs. MAPR/RCC facility and grounds are Smoke Free. If at any time, you have a suggestion, comment, or concern, please do not hesitate to contact the Director or our staff.

***It is a criminal violation of the City of Mount Airy code of Ordinances for any registered sex offender to be on or about this recreational facility. Violators are subject to immediate arrest and fines of \$500 per offense. (Chapter 10.5-2)**

***Refund Policy:** Our refund policy is as follows: 0-7 days 90%, 8-14 days 75%, 15-30 days – 50% and after 30 days no refunds on membership and activities. No refund issued for day passes and facility reservations. *There will be a \$25.00 Insufficient fund charge for returned checks and bank drafts.*

***Tornado Warning Procedures:** The downstairs **Kids Klub** is our designated **Tornado Location**.

I. SERVICES

- **Indoor Swimming Complex**
 - Six (6) Lane 25 Yard, Heated Pool
- **Outdoor Pool/ Kiddie Pool**
 - Seasonal
 - Diving Boards
 - Picnic Area
- **Fitness Center**
 - Nautilus Equipment (ages 13+ - see restrictions – page 6)
(Treadmills, Ellipticals, Stationary Bicycles, Weight Equipment)
(13 & under are not allowed in Nautilus or Free Weight Rooms)
 - Free Weight Room (ages 13+ - see restrictions – page 7)
(13 & under are not allowed in Nautilus or Free Weight Rooms)
 - Equipment Orientation
 - Personal Training (Extra Charge)
 - Broadcast Vision
- **Gymnasium**
 - One regulation-size court basketball gym with bleachers
 - Two (2) cross-court basketball courts with court divider
 - Two (2) Volleyball Courts
- **Racquetball**
 - Two regulation size racquetball courts (safety equipment required for all)
Anyone under 16 must be accompanied by a parent or guardian or a designated

family members 16 years old and up (grandparent, aunt, uncle, sibling). You must wear safety goggles to play.

- **Aerobics Studio/Group Fitness Studio**
 - Offering a variety of exercise classes with certified instructors
 - Mats, Steps, small weights, stability balls, body bars and resistance bands are available.
- **Spinning Studio**
 - Cosmic Cycling
 - 25 Stationary Schwinn Road Bikes
- **Fit-n-Fun Zone**
 - Family membership or youth membership required
 - Ages 5 – 12
 - Interactive exercise equipment
(*wii Fit, Dance Revolution, Ellipticals and hydraulic strength equipment*)
- **Locker Rooms**
 - Men's, Women's and Girl's/Boy's Locker Rooms
 - Annual locker passes available
 - Day Use Lockers (Bring your own lock)
 - Restrooms, Showers, and Saunas available
- **Nursery**
 - 2 hour limit while parents or designated family member uses facilities
(*Family membership or youth membership required.*)
- **Kids Club**
 - Restrooms, Kitchen/Storage
 - Used for After-School, Fitness Classes, Summer Day Camp, Senior Fitness and Karate Programs, Ultimate Weight Loss Challenge/Life Style Changes.
- **Activities and services included in packages:**
 - Participation Package Members receive discounts on all fee-based classes and programs.
 - Use of Pools
 - Use of Fitness Center/Weight Room
 - Use of Gymnasium
 - Use of Day Lockers/Showers/Sauna
 - Nursery
 - Fitness Classes/non-contracted(Aquatics and Land)
 - Orientation to Fitness Equipment
 - Racquetball, Ultimate Weight Loss Challenge/Life Style Changes
 - Fit-n-Fun-Children must be members to participate.
 - Karate
- **Activities and services not included in packages:**

- Personal Training
Note: All Personal Trainers must be certified, registered and approved by the Mount Airy Parks & Recreation Staff before any services may be rendered.
- Swim Lessons
- Youth Sports Programs (Basketball, Soccer, Clinics, etc.)
- After School and Summer Camps
- Specialty Fitness & Dance Classes with contracted instructor (Swim Team, Lifeguard Training).
- Specialty Activities (Special Events, Carnivals, Party Rentals, etc.)
- Adult Sports Programs (Basketball, Softball, Volleyball, etc.)

II. PARTICIPATION PACKAGES TYPES:

- A. FAMILY: Husband, Wife & Children*. *Dependent, 18 years and/or full-time college student, parents must show yearly college registration for dependent to remain on Family membership.
- B. *Children 18 years or older must be a full time student with proof of yearly registration to remain on a family membership.
- C. ADULT: (19-54)
- D. COUPLE: Two adults
- E. 9th grade - College
- F. YOUTH: (6th – 8th grade)
- G. CHILD: (K-5th grade)
- H. COLLEGE STUDENT: Anyone enrolled in a college taking a minimum of 12 hours of coursework.
- I. SENIOR (55-up)/SENIOR COUPLE (55-up)
- J. SENIOR FAMILY: Anyone 55 and older with dependants that reside in the same household.
- K. CORPORATE PACKAGE PARTICIPANT: Employee qualifies for 25% off regular rates for services included in RCC package (See pricing sheet). Employee must provide proof of employment. (Check stub, badge, etc.)

III. PARTICIPATION PACKAGES AND METHOD OF PAYMENT

- A. **Bank Draft** : This is an automatic monthly payment from a checking or savings account. These dues are drafted on the 4th, 11th, 18th or the 25th day of the month. Once paper work has been completed, payment will be drafted from the participant's account automatically. To cancel your bank draft you must sign our bank draft cancellation form 7 days prior to draft date. *Note: Must draft at least one time before cancelling. You cannot cancel your bank draft by phone.* The bank draft will not stop until bank draft cancellation forms are signed. Per City policy, there is a \$25.00 fee for returned check or bank drafts
- B. **Year In Advance**: A member may choose to pay membership dues for a full year. Yearly membership pays for eleven months and receive one month for free. Payment may be made by cash, check or credit card. **All payments made a year in advance are non-refundable and non-transferable.**
- C. **Corporate Participation Package Plan**: This is an annual, tax-deductible donation by the business that allows employees to receive 25% discount on the participation plan they choose. The Corporation will also be entitled to a shelter reservation. If you would like us to contact your employer, please give the contact information to one of our receptionists.

IV. KEY SCAN / PHOTO IDENTIFICATION CARDS

- **Provided with Paid Packages/ Lost Cards are \$3.00**
- **Any member without their card must enter the facility through the front entrance.**

V. SCHOLARSHIP

City of Mount Airy Parks & Recreation/Reeves Community Center provides a Scholarship Program for disabled adults and children who qualify based on annual household income and situation. Verification of all household income and documentation of situation is required for application. If you feel that you may be eligible or would like further information with regards to this program, please call or visit the Front Desk.

VI. CHANGES TO YOUR PACKAGES

Forms may be obtained at the Front Desk if a member wishes to make changes to their participation information. Participants are responsible for providing accurate information in reference to their memberships such as new address, telephone, bank accounts, etc.

A. Upgrades/Downgrades: A member who holds an individual membership may upgrade to a Youth, Senior, Senior Couple, Couple or a Family membership by completing a new form. Changes must be submitted prior to months end to be in effect for the next month. If membership is on bank draft, forms need to be signed of membership changes 7 days prior to the bank draft dated. *Note: You cannot make changes by phone.* Fees must be paid in full for the changes to go into effect. If the member requests an up-grade to be effective before the end of the month then the pro-rated difference in monthly dues must be paid at the time of change. Memberships that are downgrading from Senior Couple, Super Senior, Couple or Family will go into effect at the first of the month. Written notice must be received prior to months end. No refund is given in regard to changes.

B. Membership Cancellations (Member Request): If a member wishes to cancel his/her membership the request must be made by signing the bank draft cancellation form. Request must be made 7 days before draft date, however, participants will still have access to the facilities depending on when membership started. You may cancel your bank draft by signing our bank draft cancellation form 7 day prior to draft date. *Note: You cannot cancel your bank draft by phone.*

C. Membership Cancellation (RCC): Mount Airy Parks & Recreation reserves the right to cancel a membership without refund if the member fails to follow the Policies and Procedures developed for the Center or if the member fails to make payment of participation dues and/or fails to cooperate in making restitution.

D. Change in Address, Phone Number, or Billing Method: Please contact a MAPR/RCC representative immediately if your address, phone number, and/or bank account information (draft accounts) changes. If your bank draft account changes, you must sign a form to make these changes 7 day prior to draft date. Up-to-date membership records are essential for proper business management.

VII. HOURS OF OPERATION

General Facility:

Monday – Friday:	5:30 AM – 9:00 PM
Saturday:	8:00 AM – 5:00 PM
Sunday:	1:00 PM – 5:00 PM
24 Hour Participants:	Anytime access for additional fee
All areas closed:	1:00 AM – 4:00 AM

*Hours may be increased or decreased as demand warrants. Changes will be posted 14 days in advance.

Nursery Area:

Hours may vary with seasons & use. Changes will be posted 14 days in advance. Parent must use RCC/City of Mount Airy Parks and Recreation facilities while child is in Nursery. Please observe two-hour limit. Family or youth membership is required.

Nursery Hours:

Morning Session

Monday - Friday 8:00 AM – 1:00 PM

Evening Session

Monday – Thursday 5:15 PM – 7:15 PM

Fit-N-Fun

Monday – Friday 5:15 PM – 7:15 PM

Holiday Hours:

New Years Eve 8:00 AM to 5:00 PM

New Years Day: Closed

Good Friday 8:00 AM to 5:00 PM

Easter Sunday: Closed

Memorial Day Monday 8:00 AM to 5:00 PM

July 4th 8:00 AM to 5:00 PM

Labor Day Monday 8:00 AM to 5:00 PM

Thanksgiving Day: Closed

Friday after Thanksgiving 8:00 AM to 5:00 PM

Christmas Eve: Closed

Christmas Day: Closed

Changes will be posted 14 days in advance, if there are any deviations to this schedule.

Snow or Ice Conditions: We strive to keep Mount Airy Parks & Recreation/Reeves Community Center open regardless of weather conditions. However, for safety of our members, there will times when it is practical to open late or close early due to poor weather conditions. Announcements will be made through the local TV stations (WXII) in the event that poor road conditions require an adjustment to our operational hours. Decisions are usually made by 5 AM for a delayed opening whenever possible.

VIII. CHILDREN / YOUTH / MEMBERSHIPS

We welcome the use of our facility by children, youth and teenagers. However, depending upon the age of the child/youth/teen certain facilities and services are not appropriate for them. To ensure the safety and enjoyment of all Center members, the following policies apply in regards to children, youth and teenagers and their guests. All school age children 12 & up must sign in at the front office and have a obtain a wrist band.

A. Children (K-5th grades)

- Parental supervision or designated family member over the age of 16 (grandparent, aunt, uncle, sibling) who is also a package participant of the Center is required. This rule applies to children who are with their parents as guests.
- The following facilities may be utilized within the Center with the following restrictions, unless in a Center sponsored program (after school program, swim lessons, basketball, etc.)
 - Pool: Children 10 or 11, upon passing a swim test, child can swim in the pool, as long as responsible party has signed them in with the life guard and remains in the building. Any child 9 or under or a child 10 or 11, who does not pass the swim test must be supervised by someone 16 or over.
 - During designated open swim time or if participating in swim lessons
- Basketball Gym: Anyone under 12 must be supervised by someone 16 years or older during open gym time. Please check gym schedule that denotes open gym and availability of gym for “shoot around” time.

- Locker Rooms: All children under age 18 must use the girls' and boys' locker rooms. Only persons 18 and older may use the ladies' and men's adult locker rooms.
- Racquetball: Any individual under 16 must be accompanied by a parent/guardian or a designated family member 16 years old and up (grandparent, aunt, uncle, sibling). You must wear safety goggles to play.
- Fit-n-Fun Zone (ages 5-13)

B. Youth (6th – 8th grades)

- During School Year:
 - Youth members will be allowed to use the Center after school. Anyone under the age of 12 must be supervised by someone 16 years or older in order for youth members to remain in the Center not in a designated program.
- The following facilities may be utilized within the Center with the following restrictions:
 - Programs, Fitness Classes and Special Events: Must show enough maturity to be able to participate without interfering with the enjoyment of others. No standing, spectating or horseplay allowed on the premises and parking areas.
 - Fitness Classes: Ages 12 and under are not allowed to participate unless referred by a physician and approved by the Directors of Mount Airy Parks & Recreation/RCC. Ages 13-15 must be accompanied by a parent or guardian and have completed the 8th grade and are going into the 9th grade school year or above.
 - Nautilus: Ages 13-17: Must complete the Machine Orientation before access to these areas. Ages 13-15 must be accompanied by a parent or guardian in order to use these area unless currently in the 9th grade. Individual student in the 9th grade school (school year must be in session) year and above may use these areas without supervision. Ages 12 and under are not allowed to use the Nautilus area. No 24 hour cards will be issued to anyone under 18 years of age. An 18 year old may not purchase a 24 hour pass unless they have graduated high school.
 - Free Weight: Ages 13-17: Must complete the Machine Orientation before access to these areas. Ages 13-15 must be accompanied by a parent or guardian in order to use these areas, unless currently in the 9th grade. Individual students in the 9th grade school (school year must be in session) year and above may use these areas without supervision. Ages 12 and under are not allowed to use the Free Weight area. No 24 hour cards will be issued to anyone under 18 years of age.
 - Basketball Gym: Youth 10-11 may use the gym unsupervised, but parent must be on site. Youth 12 and over may use gym without parental supervision after school hours. All book bags must be placed in bleachers. The Center is not responsible for lost or stolen items and recommends that valuables be secured in a locked locker in the locker room. No gum, food or open drinks allowed in gym.
 - Locker Rooms: Youth members under 18 must use girls' and boys' locker rooms and should secure belongings and/or valuables in a locked locker. Any clothing or items left lying on the benches or in the floor will be obtained by staff and taken to the lost and found. Locks are not provided by the Center. Day locker use only. After school program participants should use Kids Klub restrooms and may store belongings in the Kids Klub room.
 - Racquetball: Any individual under 16 must be accompanied by a parent/guardian or a designated family member 16 years old and up (grandparent, aunt, uncle, sibling). You must wear safety goggles to play.
 - Fit-n-Fun Zone (ages 5-12)

C. 9th – College-anyone enrolled in 12 or more hours

- The following facilities may be utilized within the Center with the following restrictions:
 - Pool: May use facility during open swim time.

- Programs and Special Events: Must show enough maturity to be able to participate without interfering with the enjoyment of others. No standing, spectating or horseplay allowed.
- Fitness Classes: Ages 13-15 must be accompanied by a parent or guardian during class and have completed the 8th grade and are going into the 9th grade school year or above.
- Nautilus Room: Ages 13-17: Must complete the Orientation Checklist before access to these areas. Ages 13-15 must be accompanied by an adult in order to use these areas. Individual students in the 9th grade school (school year must be in session) year and above may use these areas without supervision. Ages 12 and under are not allowed to use the Nautilus area. No 24 hour cards will be issued to anyone under 18 years of age.
- Free Weight: Ages 13-17: Must complete the Orientation Checklist before access to these areas. Ages 13-15 must be accompanied by an adult in order to use these areas unless otherwise in the 9th grade. Individual students in the 9th grade school (school year must be in session) year and above may use these areas without supervision. Ages 12 and under are not allowed to use the Free Weight area. No 21 hour cards will be issued to anyone under 18 years of age.
- Basketball Gym: Ages 12 & up may use facility unattended. All book bags must be placed in bleachers. The Center is not responsible for lost or stolen items and recommends that valuables be secured in a locked locker in the locker room. No gum, food or open drinks allowed in gym.
- Locker Rooms: Teen members under 18 must use girls' and boys' locker rooms and should secure belongings and/or valuables in a locked locker. **Any clothing or items left lying on the benches or in the floor will be obtained** by staff and taken to the lost and found. Locks are not provided by the Center. Day locker use only.
- Racquetball: Individual students 16 year and up may use these areas without supervision. You must wear safety goggles to play.

IX. GUEST POLICY

- Guests under the age of 12 years must be with an adult package participant 16 years old or older and pay for a day pass.
- Anyone who is not a participating package holder of the Center may pay the following daily user fee to use the Reeves Community Center facilities:

	<u>Day Pass/City Resident</u>	<u>Day Pass/County Resident</u>
Youth:	\$3.00 per pass	\$4.00 per pass
Adults:	\$5.00 per pass	\$7.00 per pass

**Youth passes are only for those grade school and under.*

Nursery only available to package participants unless approved otherwise by Director.

X. POOL RULES AND POLICIES

- No Running on Deck.
- NO rough play, shoving, general horseplay or profanity allowed.
- NO glass containers allowed in pool areas.
- NO food, drink or chewing gum in the pool areas.
- NO smoking or tobacco products in the aquatics area. RCC is a tobacco free facility.
- NO DIVING in shallow end of pool. Deep end diving is allowed from side of pool. Starting blocks are for swim teams practice and swim lesson use only.
- NO person(s) will be permitted to swim having open sores or any discharges. Band-aids should be removed.

- Children ages 12 and older may use the pool without adult supervision.
- Children under 12 must be supervised by a participant 16 and older at all times. Exception: Children 10 or 11, upon passing a swim test, child can swim in the pool, as long as responsible party has signed them in with the life guard and responsible party remains in the building. Any child 9 or under or a child 10 or 11, who does not pass the swim test must be supervised by someone 16 or older.
- Swimmers are not to hang or play on the lane ropes. Do not swim through lap swimming lanes.
- Infants must wear rubber pants over diapers or wear swim diapers.
- The lifeguard is in complete authority and must be obeyed at all times.
- Kick Boards, swim buoys, swim fins and water weights are for lap swimmers, swim team, and classes only.
- When thunder or lightning is present, the pool and deck area will be cleared for 30 minutes past the last occurrence.
- Please shower before entering the pool area.
- Proper swimming attire is required. No cut-offs, long pants or gym shorts are allowed.
- The indoor pool and the outdoor pool have been built to accommodate individual and group exercise. "Open Swim" times are posted and will only be available when class, organized programs, or lap swimming is not in use.

XI. LAP SWIMMING ETIQUETTE

- Lap lanes are for lap swimmers and organized programs. The City of Mount Airy Parks & Recreation/Reeves Community Center policy is to share the lanes. When sharing a lane, prior to entering the pool, please communicate your wish to the present lane occupant.
- Observe speed of swimmers in all lanes. Select a lane to match your speed.
- If you are the faster swimmer, wait for an appropriate time to pass so as not to hinder other swimmers pace.
- If you must rest at the end of the lane, please stand out of the way.
- Equipment may be used for its intended purposes. Please put away equipment when you are finished.

XII. LOCKER ROOM

- Locker Rooms: All children under age 18 must use the girls' and boys' locker rooms. Only members over the age of 18 may use the ladies' and men's rooms.
- Lockers are for day use only.
- Lock up your valuables. RCC/City of Mount Airy Parks & Recreation is not responsible for lost or stolen articles. Do not place articles in a locker without a lock.
- Locks left on lockers at the end of the day will be cut off. Locks will not be replaced by City of Mount Airy Parks & Recreation/Reeves Community Center.
- Lockers are rented on an annual basis - ask Front Desk.
- You must provide your own lock for lockers.
- Please keep area clean.
- Respect others and the Centers' property.
- No horseplay, shouting, profanity permitted.
- Any misuse may lead to loss of privileges.
- Report any problems or inappropriate behavior to MAPR/RCC management.
- No recording devices including but not limited to video cell phones, digital or regular cameras. Any device that records sound or pictures is not allowed in City of Mount Airy Parks & Recreation/Reeves Community Center locker room, showers or any dressing area.

- Adults only permitted in sauna. Improper use of saunas can be very dangerous may lead to a loss of privileges.

XIII. GENERAL RULES FOR GYMNASIUM

- Shouting, horseplay or profanity in the gym or lobby areas is not acceptable. Individuals participating in any of the above may be asked to leave our facility. Repeat offenders can lose their access packages without refund.
- No food, open drinks or chewing gum allowed in the gymnasium.
- Spectators for games are only allowed in the gymnasium seating areas and lobby.
- Shoes, shirts and shorts or sweats required.
- Sneaker-type shoes at all times. Soles must be non-marking.
- All equipment must be returned to the proper area. Any borrowed equipment should be returned in good condition.
- No tobacco products are allowed including cigarettes, cigars or smokeless tobacco.

XIV. RULES FOR NAUTILUS AND WEIGHT ROOM

- Prior to your first workout, a new participant should request an orientation session. Please check with front desk for times and staff availability.
- Only wear weight belts when lifting on non-upholstered equipment.
- Do not lean against equipment.
- **Return dumbbells and weight plates to their designated area and in the proper order.**
- **DO NOT DROP WEIGHT PLATES OR DUMBBELLS.**
- Do not perform squatting types of exercises outside the squat rack
- Show respect for equipment and facilities at all times; defacing the facility is not tolerated and will result in immediate expulsion.
- Do not engage in horseplay or use loud or offensive language.
- Respect that the staff offices and telephones are off limits unless permission is given.
- Wear proper training attire, particularly shirts and athletic shoes, at all times.
- Use spotter for structural exercises.
- Report any facility related injury, or facility or equipment irregularity to the supervisor on duty.
- Do not bring tobacco, food, chewing gum, glass bottles, cans, alcohol, drugs or banned substances in the facility; plastic water bottles are acceptable.
- Guard personal belongings, as the supervisors are not responsible for them.
- Do not wear jewelry such as loose necklaces, bracelets, hanging earrings or watches.
- Understand that on duty supervisors has authority over all weight room conduct and use of equipment.
- Realize that these rooms, like many others in the facility, have cameras.
- **You are responsible for cleaning each machine after every use. Disinfectant and paper towels are provided for your use.**

XV. GENERAL RULES FOR FACILITY & PARK

***It is a criminal violation of the City of Mount Airy code of Ordinances for any registered sex offender to be on or about this recreational facility. Violators are subject to immediate arrest and fines of \$500 per offense. (Chapter 10.5-2)**

- No cleats or bicycle shoes are allowed to be worn in the Center.
- Firearms and concealed weapons prohibited from Center and grounds.
- For your own safety, neither running nor horseplay is allowed in the Center.
- Disorderly conduct, profanity, disrespect of others will not be tolerated.

- Pets are not allowed in the Center.
- Do not remove, destroy or damage any property, equipment, facilities, minerals or vegetation on the property of City of Mount Airy Parks & Recreation/Reeves Community Center.
- Intoxication and/or consumption of drugs or alcoholic beverages are not permitted on the grounds or in the Center.
- Litter should be placed in designated trash receptacles.
- Park in designated parking areas only. The front parking area of City of Mount Airy Parks & Recreation/Reeves Community Center is a pick up and drop off lane only. You may park across the street and use cross walk, park in adjacent lot on right side of the building or you may use the tunnel entrance. Handicapped parking is available against the building on the right hand lot. If you need special assistance, please contact us.
- Prior approval from City of Mount Airy Parks & Recreation/Reeves Community Center is required for solicitation or vendor activity.
- All unauthorized use of motorized recreational vehicles prohibited.
- No skateboards, bikes or scooters allowed on sidewalks, parking lots or in front of Center. Loiterers will be asked to leave the property.
- No glass containers permitted on property.
- Please see additional posted rules throughout the Center and outdoor facilities.
- The building and grounds of Mount Airy Parks & Recreation/Reeves Community Center are 100% tobacco free. *(No cigarettes, no dipping and no E-Cigarettes are allowed.)*

XVI. RULES FOR RACQUETBALL COURTS

- Racquetball: You must be 16 and older and wear safety goggles to play. Anyone under the age of 16 must be accompanied by a parent/guardian or 16 (Equipment is available at the front desk if you do not have your own.)
- Daily reservations may be made each day by 6:00 am. *(Can only reserve court the same day reservations are made.)* No recurring reservations will be accepted as to give all interested participants an opportunity to play.

XVII. REC TRAC RULES

1. I do hereby acknowledge and accept the responsibility that comes with being a RecTrac access card carrier for Reeves Community Center (RCC).

- I understand that I **may not loan my RecTrac access card to anyone** or leave it in anyone else's possession at any time.
- I understand that I **may not duplicate RecTrac access card** for any reason.
- I understand that I **may not allow entrance of anyone other than myself** to the facility by holding open or propping open any doors to the facility.
- I understand that I **should display or must be able to produce the RecTrac access card within the facility** when asked by RCC personnel or their designee.
- I understand that immediately **upon loss/theft of my RecTrac access card I must notify RCC** so they may deactivate the card to prevent access to RCC by unauthorized parties.
- I understand that **upon expiration** or termination of my membership **RecTrac access card must be returned** to RCC.
- I understand that **replacement RecTrac access cards cost \$3.00**.
- I understand that the building **may not be supervised from 9:00 pm to 5:30 am** and I am choosing to participate at my own risk.

- I/We assume all risks and hazards incidental to such participation and I/We hereby waive, release, indemnify and agree to hold harmless Mount Airy Parks and Recreation/Reeves Community Center. The City of Mount Airy Parks and Recreation/Reeves Community Center will not be held responsible for loss of personal property.

By signing below I accept the responsibility of being a RecTrac access card carrier for MAPR/RCC. I also understand that demonstrating a lack of responsibility or not following any of the above rules will result in disciplinary action up to and including termination of membership of MAPR/RCC.

XVIII. 24 HOUR CARD AGREEMENT – (Optional) *(Additional fee to membership)*

24 Hour Card Agreement – Optional (Additional fee to membership) All participants must be 18 years or older and out of high school (verification is required). Any individual ages 13-18 must accompany their parent/guardian, however, they will also be charged the monthly “24 Hour Access Pass” fee. The individual under 18 can NEVER be at RCC without their parent/guardian during these times.

I will not allow anyone else use my Keyscan Pass. I will not allow anyone in the building while I am entering or exiting the building. I realize that I will have access to the Nautilus, Free-weight, Upstairs Restrooms, Men’s and Women’s Lockerooms and Racquetball Courts only (the kids lockerooms, the gate in the locker room hallway and the upstairs lobby will be locked promptly at the appropriate closing times). Emergency exits are the Tunnel Entrance doors, the Cherry Street doors and the Pool Entrance doors. Should you see any suspicious or inappropriate behavior, please notify the Mount Airy Police Department by dialing 911 or 786-3535.

I understand that the building may not be supervised from 9:00 pm to 5:30 am and I am choosing to participate at my own risk.

I/We assume all risks and hazards incidental to such participation and I/We hereby waive, release, indemnify and agree to hold harmless Mount Airy Parks and Recreation/Reeves Community Center. The City of Mount Airy Parks and Recreation/Reeves Community Center will not be held responsible for loss of personal property.

I understand and will abide by the above. I understand that if I violate any of the above, my 21 hours privileges may be revoked by RCC without refund.

- Prior to your first workout, a new participant should request an orientation session. Please check with front desk for times and staff availability.
- Only wear weight belts when lifting on non-upholstered equipment.
- Do not lean against equipment.
- **Return dumbbells and weight plates to their designated area and in the proper order.**
- **DO NOT DROP WEIGHT PLATES OR DUMBBELLS.**
- Do not perform squatting types of exercises outside the squat rack
- Show respect for equipment and facilities at all times; defacing the facility is not tolerated and will result in immediate expulsion.
- Do not engage in horseplay or use loud or offensive language.
- Wear proper training attire, particularly shirts and athletic shoes, at all times.
- Use spotter for structural exercises.
- Report any facility related injury, or facility or equipment irregularity to the facility.
- Do not bring tobacco, food, chewing gum, glass bottles, cans, alcohol, drugs or banned substances in
- the facility; plastic water bottles are acceptable.
- Guard personal belongings, as RCC is not responsible for them.
- Do not wear jewelry such as loose necklaces, bracelets, hanging earrings or watches.

- **REALIZE THAT THESE ROOMS, LIKE MANY OTHERS IN THE FACILITY, HAVE CAMERAS.**
- You are responsible for cleaning each machine after every use. Disinfectant and towels are provided for your use.

This is your Community and your Community Center...Thank you for helping us keep it clean and safe.

The buildings and grounds of City of Mount Airy Parks & Recreation/Reeves Community Center are SMOKE FREE.

Coronavirus / COVID-19 Warning & Disclaimer

Coronavirus, COVID-19 is an **extremely contagious** virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. **COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in Mount Airy Parks and Recreation programs or accessing Mount Airy Parks and Recreation facilities could increase the risk of contracting COVID-19. Mount Airy Parks and Recreation** in no way warrants that COVID-19 infection will not occur through participation in Mount Airy Parks and Recreation programs or accessing Mount Airy Parks and Recreation facilities.

I have received a copy of RCC's policies and procedures. I have read and understand the policies and procedures and understand that if they are not followed, a temporary or permanent loss of privileges may result without refund. The rules of City of Mount Airy Parks & Recreation/Reeves Community Center are in place for the protection of all of our patrons. Thank you for your assistance.

****The Mission of Mount Airy Parks and Recreation is to Build a Healthier Community Through Parks, Programs and Partnerships!****